



FACA

Florida Association for Community Action (FACA), Inc.

FAMILY DEVELOPMENT TRAINING

AGENDA

April 14 – 15, 2009

Orlando, Florida

Morning 4/14: (start 9 AM)

9 – 9:15 AM Registration, welcome and housekeeping (15 min)

9:15 AM **Chapter 1: Family Development:**
A Sustainable Route to Healthy Self-Reliance

- Warm-up: Find a Family Worker who... (20 min)
- Overview of Learning objectives for chapter 1 (10 min)
- Core Principles pg. 66. (40 min)

10:25 AM Break: (10 min)

10:35 AM **Chapter 1 continued:**

- Power Over vs. Shared Power pg. 71 (45 min)
- Review and self-assessment (10 min)

11:30 AM **Chapter 2: Communicating with Skill and Heart**

- Overview of Learning objectives for chapter 2 (10 min)
- Finding a good balance between listening and expressing yourself pg. 130 – (30 min)

12:10 noon Lunch: (1 hour)

Afternoon 4/14:

1:10 PM **Chapter 2 continued:**

- Saying what you mean clearly and respectfully pg 132 60 min
- Review and self-assessment (10 min)

2:20 PM **Chapter 3: Taking good care of yourself**

- Overview of Learning objectives for chapter 3 (10 min)
- Family Circles Assessment pg. 182 (30 min)
- Review and self-assessment (10 min)

- 3:10 PM **Chapter 4: Diversity**
- Overview of Learning objectives for chapter 4 (10 min)
 - Why is an understanding of diversity and oppression important to family development? pg. 214 (45 min)
 - Review and self-assessment (10 min)
- 4:15 PM **Chapter 5: Strengths-based Assessment**
- Overview of Learning Objectives for chapter 5 (10 min)
 - Focus on family's strengths, current situation and future goals, pg 266 (30 min)
 - Review and self-assessment (10 min)
- 5:05 PM **Explain Homework assignments (10 min)**
- 5:15 PM Dismissal

Skills Practice “Homework”:

#5 on pg. 66 FDC textbook:

With a co-worker or supervisor, discuss how your agency is currently using family development or could incorporate using this approach with families (full text on page 66). Be prepared to share with a small group the next morning.

Or:

#1 on pg 121 FDC textbook:

Write a statement describing your personal vision for your work: the hopes, goals and dreams you have for yourself, families and the future of family development work. (Full text on page 121). Be prepared to share with a small group the next morning.

Morning 4/15: (start 8 AM)

- 8:00 AM Check in and then discuss homework assignments (15 min)
- 8:15 AM **Chapter 6: Helping Families Set and Reach Goals**
- Overview of Learning Objectives for chapter 6 (10 min)
 - Technique for defining vision and goals... the Miracle Method pg. 315 (30 min)
 - Developing “peripheral vision” , Line Drawing activity pg 314 (30 min)
 - Review and self-assessment (10 min)
- 9:35 AM Break: (10 min)
- 9:45 AM **Chapter 7: Helping Families Access Specialized Services**
- Overview of Learning Objectives for chapter 7 (10 min)
 - Families with complex problems pg. 364 (30 min)
 - Review and self-assessment (10 min)

10:35 AM

Chapter 8: Home Visiting

- Overview of Learning Objectives for chapter 8 (10 min)
- A Family Development Approach to home visiting pg. 401 (30 min)
- Review and self-assessment (10 min)

11:25 AM

**Chapter 9: Facilitation Skills: Family Conferences Support
Groups and Community Meetings**

- Overview of Learning Objectives for chapter 9 (10 min)
- Helping families identify and strengthen their informal helping networks. Pg. 444 (30 min)
- Review and self-assessment (10 min)

12:15 noon Lunch: 1 Hour

Afternoon 4/15: (end no later than 4 PM)

1:15 PM

Chapter 10: Collaboration

- Overview of Learning Objectives for chapter 10 (10 min)
- Coordination and cooperation: first steps to collaboration. Pg 505 (30 min)
- Review and self-assessment (10 min)

2:05 PM

Review of all 10 chapters (table of content in FDC textbook) (30 min)

2:35 PM

Closure:

Explain how the full FDC works (PowerPoint) (10 min)

2:45 PM

Starting a FDC program (PowerPoint) (10 min)

2:55 PM

Discuss FDC Instructor's Institute (5 min)

3:00 PM

Closing circle:

What I'll take with me ... (Ball exercise) (15 min)

3:15 PM

Dismissal (CEUs)