



Florida Association for Community Action, Inc.

# Family Development Training AGENDA Day 1

**Goal:** *To provide an overview of the FDC curriculum.*

**Objective:** *Participants will gain a sense of the contents of each of the ten chapters of the FDC manual and will be able to distinguish the “Family Development” point of view from the “Providing Services” point of view.*

## **Start promptly at 9 AM**

- Registration, welcome and housekeeping
- Warm-up: Find a Family Worker who...
- Overview of chapters 1-5

## **Chapter 1:**

- “Bone-Deep Longing Quote”
- Core Principles

## **Break**

- Power Over vs. Shared Power

## **Chapter 2:**

- Finding a good balance between listening and expressing yourself
- Saying what you mean clearly and respectfully

## **12:05 noon to 1:05 PM Lunch**

- Warm-up/ice breaker: “Take a Stand”

## **Chapter 3:**

- Clarifying a personal vision for your work
- Family Circles Assessment

## **Chapter 4:**

- Who’s here circle – diversity
- Why is an understanding of diversity and oppression important to family development?



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**Break**

- Displacement and immigration

**Chapter 5:**

- Focus on family's strengths, current situation and future goals
- Collect only the information you really need
- Review and self-assessment
- Quick Feedback form

**Homework assignments!**

**5:00 PM Dismissal**



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# Family Development Training AGENDA Day 2

**Goal:** *To provide an overview of the FDC curriculum.*

**Objective:** *Participants will gain a sense of the contents of each of the ten chapters of the FDC manual and will be able to distinguish the “Family Development” point of view from the “Providing Services” point of view.*

## **Start promptly at 8 AM**

- Check in / discuss homework assignments
- Overview of chapters 6-10

## **Chapter 6:**

- Warm-up: Sentence completion matching activity
- Technique for defining vision and goals... the Miracle Method Developing “peripheral vision” ,
- Line Drawing activity

## **Break**

## **Chapter 7:**

- Families with complex problems
- Recognizing, referring, and supporting families seeking help with domestic violence (including child abuse and neglect)

## **Chapter 8:**

- A Family Development Approach to home visiting
- Safety Issues

## **Chapter 9:**

- Helping families identify and strengthen their informal helping networks.
- Support and advocacy groups

**12:00 noon to 1:00 PM**

**Lunch break**



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**Chapter 10:**

- Coordination and cooperation: first steps to collaboration
- Keys to successful collaboration

**Review of all 10 chapters**

**Information about the FDC program in Florida:**

- What are the requirements to earn the FDC?
- How to start a FDC program in your community
- How to become a certified FDC Instructor
- The companion curriculum for supervisors - information about the FDLC

**Closing circle**

3:15 PM

**Dismissal**

**Have a safe drive home!**

